



# Seattle Area Newsletter

May 08'

## WHAT'S HAPPENING IN OUR AREA?

### SASC

The Seattle Area Service Committee gathered together on April 6th, 2p.m. , at the Lake City Community Center, to conduct the monthly business, 22 voting G.S.R.'s were present. The new Public Relations Committee's quarterly budget was passed. A motion to hire the band Jr. Cadillac for the 4th of July celebration failed. Next month there will be a motion to change the requirements for the activities treasure, to read as follows, treasure will not have to attend the monthly SASC meetings, but will send a report with the activities chair, and will still be required to go to the quarterly Admin meeting. The purpose of this motion is to lessen the demands of this position to make it more attractive and easier to fill. Also, there is an ad-hoc committee starting on April 20th chaired by Louie A. . The purpose of this committee is to look into the need to have a business licence with the city of Seattle in order to hold the 09' Seattle NA Convention, and the best route to go to be properly insured for the event.

We welcomed in two new chair persons to the committee. Chris is our new Recording Secretary. Thanks for being of service, the SASC is very glad to have you. Although our next new chair is not new to the committee, he is our Unity Day 09' chair now! Congratulations, Mario, way to step up. We look forward to what you'll be doing in 09' to put on another awesome Unity Day celebration.

Please remember fellowship, that Narcotics Anonymous is ran from the groups up. Your GSR is your point of contact between the Area Service Committee and your particular group. Encourage your GSR or Alternate person to be present at Area and take accurate notes so your group stays informed of what is happening in our Area. We have around 90 NA meetings in the Seattle Area, usually we have 20 to 30 GSR's show up at area. The SASC wants to hear your voice and keep you informed, so come out and join us. The SASC meets the first Sunday of every month at the Lake City Community Center 2pm. Hope to see you there!!!

### P.R. Sub-Committee

Congratulations to the nine members who showed up for orientation this month at the Public Relations Sub-Committee. Stacie K., James F., Lesle A., Maureen F., Abby K., Alison E., Jeannie E., Terry G., and Tom O. These members are now able to go on H&I panels, carry the phoneline, or do 12 step calls. Plus serve on any of the other committees in the PR committee. Welcome to our committee, we are glad to join with you to further carry the message of Narcotics Anonymous to the still suffering addict.

Also, Jerome, was re-elected to his H&I panel position at the King County Jail for men and Norma was elected for the H&I panel position for the King County Jail for women. Thanks for being of service. There are three panel positions still open and the Public Information Chair position is still open. This committee meets on the Thrid Sunday of every month at Swedish Ballard Hospital 3pm. Please come out and get involved with this still new and improving committee. We are very excited about what we are doing to further carry the message. Come check us out!!!

### World News

The Narcotics Anonymous World Service (NAWS) has approved the 6th edition of our Basic Text. It is available online at [www.seattlena.org](http://www.seattlena.org), click on Basic Text project info. Also, we have two new I.P.'s coming out and there will be coins coming out with Roman Numerals around October this year. NA is alive, well, and growing, are you doing the same?

*\* The purpose of this newsletter is to keep Seattle Area Narcotics Anonymous members informed of the events and happenings of our fellowship. Every attempt is made to adhere to NAWS guidelines and SASC guidelines for newsletters. The content contained herein expresses the views and knowledge of it's contributors, not N.A. as a whole.*



## May's NA Birthdays

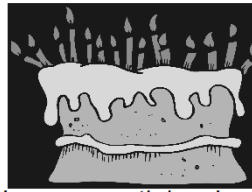


Guy H. 4yrs

Keep Coming Back!

Brian B. 6yrs

Keep Coming Back!



Keep Coming Back!

Keep Coming Back!

Bob S. 12yrs

Keep Coming Back!

*\*Please submit your NA birthday one month in advance to newsletter@seattlena.org*

### MEETING INFORMATION

#### Just the Facts Mam

Sweet Spot Cafe on Aurora  
Every Tuesday at 7:45pm

Women's meeting

**\* NEEDS SUPPORT \***

#### Monday Night Recovery

Church on the corner of 236th &  
84th in Edmonds

**Needs Speakers for the 4th  
Monday of the month, Speakers  
Meeting. 7:30-9pm**

Contact Louie A. (425) 773-1750

#### Parents in Recovery

**\* New Meeting \***

Aurora Church of Nazarene  
1900 N 175th in Shoreline  
Mondays 6-7pm

#### Bad Company

1733 Belmont in Seattle  
Sundays at 7pm  
Tuesdays at 8pm

**\* NEEDS SUPPORT \***

### Inspiration of the month

#### Today

Today I will do something very special just for me. I will treat myself to something I want to have or do and feel good about myself while I do it. My life is very important to me and I have the right to be happy.

Ruth F. (California)

#### Prayer of the month

God, help me let go of my fears about disclosing who I am to people. Help me accept who I am, and help me let go of my need to be who people want me to be.

Melody B. (California)

#### Quote of the month

" The Promises I heard came true!"  
Frank B. (California)

### Regional Event

#### Living The Miracle - WNIRCNA XXIII

Red Lion Inn  
2525 N. 20th Ave.  
Pasco, WA.      Regional Convention  
May 16,17,18

### Newsletter Committee

Hello family,

It's been another successful month with the newsletter. We are now linked together with several other newsletters across the country. There is a newsletter site at [www.hotmail.com](http://www.hotmail.com), sign in with [nanevsgroup@hotmail.com](mailto:nanevsgroup@hotmail.com) and password is justfortoday. You can read other newsletters and various other NA related material, also you can post and share files there. Very awesome site!

As you can see we have some new stuff this month, the quote, inspiration, and prayer of the month will be dependent on the fellowships' submittals, so send in your favorite prayers, quotes, and inspirations to [newsletter@seattlena.org](mailto:newsletter@seattlena.org).

This committee still needs a vice chair to help with attending committee meetings and events to take notes and get newsworthy information, as I can't be every at one time. Also, a secretary to type out and layout the newsletter is needed. If interested please come to our Public Relations Committee on the third Sunday of the month at Swedish Ballard Hospital 3pm. Hope to see you there.

In Loving Service,  
Donny W.  
Newsletter Chair

May 2008						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 SASC2pm LCCC	5	6	7	8	9 sinaco6pm wallingford	10
11	12 Activities MVCC7pm	13	14	15	16 wnirnaxxlll	17 wnirnaxxlll
18 publicrelations sbh3pm	19	20	21	22	23	24
25	26 Activities MVCC7pm	27	28	29	30	31