S.O.S. (SPEAKERS ON SATURDAY)

My thoughts will be on my recovery, living and enjoying life.

OM-NA

I will have faith in someone in N.A. who believes in me.

SAFE HAVEN

I will be unafraid, my thoughts will be on my new recovery.

THE OASIS

DAILY FIX

I will have a program. I will try to follow it to the best of my ability.

YES YOU CAN

12. Having had a spiritual awakening as a result of these steps, we tried to make these changes in our lives.
10. We continued to take personal inventory and when we were wrong we made amends for them.
9. We made direct amends to such people wherever possible, except when we were unable to do so.
6. We were entirely ready to have God remove all these defects of character.
4. We made a searching and fearless moral inventory of ourselves.
3. We were completely willing to have God change us for the better.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
1. We admitted we were powerless over our addiction, that our lives had become unmanageable.

THE TWELVE STEPS

1. Our common welfare should come first. Personal recovery depends on N.A. unity.
2. Our primary purpose was to help others achieve sobriety. How? We passed the message on to other addicts, who carried it on to develop others.
3. We continued to serve others and made soulsearching when we were tempted to abandon the movement.
4. The only requirement for membership is a desire to stop using.
5. An N.A. group ought never endorse, finance, or lend the N.A. name to any candidly defect of character.
6. An N.A. group ought never take unfair advantage of others to satisfy its own selfish desires.
7. An N.A. group ought never be drawn into public controversy.
8. Narcotics Anonymous should remain forever non-professional, but our service activities should be non-revenue-producing.
9. Narcotics Anonymous has no opinion on outside issues; hence the N.A. name should never be drawn into public controversy.
10. Narcotics Anonymous, as such, should never endorse, finance, or lend the N.A. name to any outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
11. Our public relations policy is based on attraction rather than promotion; we need neither seek nor avoid publicity.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to keep coming back.

JUST FOR TODAY:

My thoughts will be on my recovery, and enjoying life. With the use of things.

JUST FOR TODAY:

I will walk in faith in N.A., who believes in me and wants to help me in my recovery.

JUST FOR TODAY:

I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY:

I will be unafraid, my thoughts will be on N.A.'s interests.

Narcotics Anonymous Committee Meetings

P.O. Box 74453, Seattle, WA 98127

AREA SERVICE COMMITTEE

Meeting: 2nd Sunday 7:30pm

Central District

Lake City Community Center

326 SW 38th Ave.

Chair: Ken P.

Wendy@naww.org

UNITY DAY SUBCOMMITTEE

Meeting: 4th Sunday, 3:00pm

Chair: Ernie F. erneef@naww.org

AREA TREASURER

Treasurer: Kelly S. kellyt@naww.org

LITERATURE SUBCOMMITTEE

Meeting: 2nd Sunday, 11:00am

Chair: Eve S. eve@naww.org

NATIONAL AAH II PROGRAM

Meeting: 6th Sunday, 10:00am

Chair: Jen S. jens@naww.org

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